

## **Healthcare Professionals and Educators – training brochure**

[Course title] Learn to Teach, Teach to Learn

[Tagline] Giving paediatric healthcare professionals the skills and confidence to share their knowledge

[Body copy]

Young people learn most effectively when information is delivered in a familiar and structured way. Understanding how to manage a long-term health condition is no exception.

This course originated from a collaboration between Sheffield Children’s Hospital and Sheffield Hallam University and is now running independently. It is a 3-day accelerated course based on how children learn in school. It models a range of creative ways you can share your knowledge and empower young people to take control of their health.

With a mixture of theory and practice, you will explore the techniques and resources that strike a chord with children, and take away practical tips for teaching and engaging small groups.

### **Who will benefit from this course?**

The course will help all paediatric healthcare professionals who teach young people and their families to manage an ongoing health condition. This includes specialist nurses, doctors, health visitors, school nurses, support workers and dietitians.

### **Course content**

Participants will cover a range of learning preferences and teaching techniques and have the chance to reflect on previous experiences. You will then spend a morning observing teachers in a local school and planning and presenting a short afternoon workshop to students, before receiving practical and constructive feedback.

During the course you will learn how to:

- Deliver information in a way that young people can relate to
- Motivate and engage children
- Facilitate small working groups
- Manage challenging behaviour

- Explain relevant maths (such as carbohydrate counting)
- Develop a curriculum for mixed-ability groups

### **Key benefits and takeaways**

At the end of the course you will have enhanced your understanding of how children of mixed ages and abilities learn, and gained the confidence to put your new techniques into practice.

You will take away:

- Ideas for curriculum and teaching materials
- Creative tips and strategies to help children understand their condition
- Advice on how to improve on previous teaching experiences

### **How to enrol**

The 3-day course takes place from [insert dates] at [insert location]. The cost is [insert cost] per person which includes lunch on 2 days and travel to a local school. You will also be given a topic to prepare or asked to bring along a resource for the school workshop session.